



ST STEPHEN'S
Catholic Primary School

Newsletter

MONDAY, 13TH AUGUST, 2018 – Term 3, Week 5

Principal: Mr Richard Keele

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IMPORTANT DATES

AUGUST

15th - The Assumption

Mass 9.30am

16th – St Stephen of Hungary

Feast Day

17th – Cooking Grade 1/2

23rd – Book Week Dress up &

Special Lunch Day

30th - Father's Day Stall

31st – Cooking Grade 5/6

SEPTEMBER

2nd – Fathers Day

8th - Birthday of Our Lady

Community Playgroup 2018

Every Tues. 9.00 – 11.00

Office Hours

Mon to Thurs

8.30 am to 3.30pm

Uniform Times

Tues & Wed mornings

8.50am to 9.15 am

*Unforeseen events may cause
some dates to change*

Principal's News.....

Dear Parents

Welcome to Week 5!

This week we celebrate two school, parish masses with the Mass of the Assumption on Wednesday and the Feast Day of St Stephen of Hungary on Thursday. Both days are significant for our parish in East Reservoir and so I invite any parents or grandparents to either mass at 9.30am each morning.

On Thursday we will have a morning tea in the hall following Mass. Further activities to celebrate the day will then continue in classrooms.

Our signs for the front of the school are just about ready to go on show. Hoping this added exposure may get a few local families through the front gate to see what we have to offer.

Not that I want people to get sick but shortly we will have an advertisement screening at the Summerhill Medical Clinic (behind Chemist Warehouse). Again some exposure to local residents as we have found many do not know we exist. I look forward to any feedback if you do happen to visit the clinic!

Thank you to the parents who have willingly taken the

Insight SRC surveys. The results of these surveys will give us a clearer picture of what we are doing right as well as areas we possibly need to further investigate. Staff, parents and students in years 3-6 have until August 24 to complete online or return paper copies to the office.

We have partnered with Keon Park Kinder (Arundel Ave) and have organised two visits for our year 5/6's later this term to the 3 year old group to assist and show what great learning has been happening in their classroom. Early in term 4 we will have these children and their parents visit us for a morning so as to allow the 3 year old group a snapshot of school life. I'll be asking for parent volunteers to assist on the morning to simply be available to answer questions from possible prospective new families.

Cooking classes continue this week with the 1/2's cooking for the Prep students. If the first batch of zucchini brownies was anything to go by then the Preps will be in for a culinary delight! Thanks to the mums and grandparents who are running these classes throughout the term. It is another example of being able to offer something a little

different and yet still be relevant to the curriculum as grades have combined maths and literacy with the cooking classes.

Last Wednesday's closure day allowed staff an opportunity to further develop their understanding of evidence based learning. As a staff we will be looking more closely at how we can improve our practice to further enable each individual student the best possible working environment where they have greater ownership and understanding of what and why their learning is so important. We heard from Marita Richardson, Principal from St Joseph's Mernda and were all impressed by what the school has been able to achieve. However, we were also mindful that it has taken four years to get to where they are now so changes may be subtle initially but hopefully the big picture will have obvious modifications designed for the benefit of each learner.

Our year 4 students visited St Monica's last Friday to get a feel for secondary school life. From all accounts it was a great visit with students participating in Physical education and Science classes.

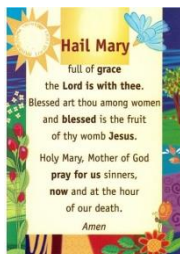
Next week we celebrate Book Week with Thursday 23rd August being the day of dressing in your favourite book character costume or around the theme of 'Find Your Treasure'. Other book week activities are planned throughout the morning. A parade of costumes will take place at 9.00am and the festivities will finish with a special lunch.

Keep an eye out on the community notice board under the veranda near the 1/2 room. The school often gets asked to put community notices in the newsletter and it can be overwhelming. There are various notices on the board from study opportunities, community activities to parenting advice. Please take time to read if interested.

Have a great week!

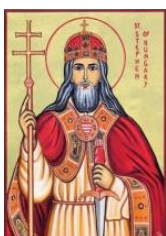
Richard Keele
Principal

MASS CELEBRATIONS THIS WEEK



The Feast of the Assumption on Wednesday 15th August. We will be attending Mass at 9.30 a.m.

On the 15th August the Church celebrates the Feast Day of the Assumption of Our Lady when according to our faith, the Holy Mother, "having completed her course of her earthly life, was assumed body and soul into heavenly glory". The Assumption signals the end of Mary's earthly life and marks her return to heaven to be reunited with Jesus.



The Feast of St Stephen of Hungary on Thursday 16th August. We will be attending the Mass at 9.30 a.m.

Stephen gave his patronage to the Church leaders and helped build churches. Stephen was anointed king of Hungary in 1000, receiving the cross and crown from Pope Sylvester II. The remainder of his reign involved the consolidation of the Christian hold on the region. Canonized in 1083 by Pope St Gregory VII, he became the patron saint of Hungary.

- **We invite all families to join us for both of these Masses.**

SCHOOL FEES

There are a number of families that have not yet paid the Student Levy fee, Camp fees and the First Instalment of school fees. Could this please be done as soon as possible. There is the option of making payments online through internet banking, please make sure that you enter your account number (it is on the top right hand corner of your statement) or your child's name so that the payment is allocated to the correct family.

Account Details When making payments

BANK	BSB	ACCOUNT NUMBER
NATIONAL	083 – 347	143250728

SCHOOL FEES

All families who are still owing for Term 1, 2 & 3 of School Fees are now due to be paid.

I thank families who have paid and are up to date.

All accounts must be paid in full by 18th September (unless arrangements have been made and agreed to with the Principal Mr Richard Keele).

(Cash or Cheque payment or via EFT transfer)

ALL SCHOOL CLOTHING MUST BE MARKED WITH THE CHILD'S NAME WITH A PERMANENT MARKER

STUDENT LUNCHES

Over the past weeks Teachers & Staff have had to make lunch or fruit for several students, could parents please ensure that your child has enough lunch and snacks to get them through the day.

STUDENT ABSENCE

IF YOUR CHILD IS GOING TO BE ABSENT FROM SCHOOL EITHER SICK, APPOINTMENT OR LATE, THE SCHOOL NEEDS TO BE NOTIFIED BY 9 A.M. FIRST THING IN THE MORNING AT THE COMMENCEMENT OF THE DAY. YOU CAN LEAVE A MESSAGE AT THE OFFICE THE SCHOOL NUMBER IS 9460 3566.

LATE TO SCHOOL

There is still a number of Children who are late on a daily basis, this is an disruption to the teacher and the classes learning time. School starting time is 8.50 a.m. Children need to come to the office and sign in if they arrive after 9 a.m.

CONTACT DETAILS

The School needs to have up to date contact details of family phone numbers, mobiles, addresses and emergency contact details. If your details have changed, please advise the office of the changes immediately.

UNIFORM SHOP

The school Uniform Shop is only open on **Tuesday/Wednesday morning between 8.50am – 9.15am.** **If you wish to order uniforms at other times you can leave** your order in the office with the correct money and the Uniform Shop Co-ordinator will put the order together. Your order can then be picked up from the school office.

ENROLMENTS FOR 2019

Parents who have older children already at St Stephen's and have a younger sibling who is ready to start in 2019 (needs to be turning 5 before April 30th 2019) need to have enrolment forms in. Acceptance letters have gone out to families with children starting in 2019. Don't forget to grab an enrolment form to fill out to secure your position.

BOOK WEEK – 23rd August



Next week is Book Week and the children have been learning about 'Find Your Treasure' Children can come dressed up as their favourite book character or something to do with finding a treasure, use your imagination to where they can 'find a treasure'. It makes us wonder about the world and all of the people on it and their cultures. It makes us think about how the

author wants us to try and imagine what he or she is writing. Let yourself go and put yourself into the story! Let your mind go and imagine what would happen if you were that character in the story!

YEAR 4 ST MONICA'S VISIT

Last Friday the Year 4s visited St.Monica's Secondary College with Mrs Major. The students had a great time meeting some animals in a Science activity and played AFL 9s in a Physical Education activity. The Science session was their favourite.



TRIVIA NIGHT



ST GABRIEL'S SMARTIES TRIVIA NIGHT, FRI. 17 AUGUST, warmly welcomes all parents and teachers from St Stephen's to join us at our upcoming trivia night. Organise your team of 8-10 smarties, be sure to all dress in the same smartie colour and come along to the hall at 7pm on Friday 17th August. For more information please contact Kim

Laurence 0414 843 814 or email pandf@sgreservoir.catholic.edu.au



FATHER'S DAY RAFFLE

Donations! Donations! are welcomed for the Father's Day Raffle to be held on Thursday 30th August. The Parents and Friends are taking donations for the Father's Day raffle, all donations accepted to the front office.

Separate notes will be going out for helpers on the day.



COOKING PROGRAM

On Friday 3rd August was the first cooking class with the Grade 3/4's. The children got to enjoy making Zucchini Brownies. (recipe below)

The children enjoyed grating the zucchini and mixing all the ingredients together. The best part of the day was eating the brownies, they were a big hit. It was a great way to get the children to eat a vegetable mixed with yummy chocolate. Well done grade 3/4 and thank you to the parents and grandparents who came to help.

The next cooking class is with grade 1/2 on Friday 17th August at 9 a.m. If you are free and would like to help we will be making cookies.

Zucchini brownies

These zucchini brownies are chocolatey, moist and devoid of any zucchini flavour. Sneak extra veggies into the kids' diet with this delicious treat.

serves: 12 | prep: 0:15 | cook 0:30

Ingredients

- 1 cups (225g) white sugar
- 1/2 cup (125ml) vegetable oil
- 2 tsp vanilla extract
- 2 cups (300g) self-raising flour
- 1/4 cup cocoa, sifted
- 2 eggs, lightly beaten
- 1 tsp salt
- 2 cups finely grated zucchini (approx. 2 medium zucchini)
- 1 cup chocolate chips
- 3 tbsp pure icing sugar



Method

1. Preheat oven to 180C (160C fan-forced). Line a 20cm x 20cm cake tin with baking paper and set aside. In a bowl, combine sugar, oil, vanilla, flour, cocoa, eggs and salt.
2. Stir in the zucchini and chocolate chips until well combined.
3. Pour mixture into prepared tin
4. Bake for 30-35 minutes or until cooked through. Cool and sift icing sugar over the top. Cut into squares.





LETTER OF INVITATION FOR PARENTS



Dear Parent/Carer,

You are invited to participate in a free parenting program called *Tuning in to Kids (TIK)*. The program has already been delivered to over 120,000 parents in Australia, and previous research studies have provided a strong evidence-base that the program improves various child, parent and family outcomes. The current study is to compare three different delivery methods of the program and to see what works best for which families.

Participation in the study is for any parent or carer who has one or more children, between 4 and 10 years of age, who is exhibiting behaviours that are challenging or of concern to you. Participation is free, and voluntary. The study is open to one parent per family either the mother, father or guardian. We can also offer partners a free version of the online program after the study is completed. The study is being run by the University of Melbourne in conjunction with Swinburne University of Technology. It is independent of your school, kindergarten or childcare centre.

What is the program about?

Tuning in to Kids is a parenting program that aims to teach parents about children's emotional development. Program content and strategies assist parents to help their child to develop the skills of 'emotional intelligence'. Emotional intelligence (sometimes called EQ) is known to help children in their social development and is a better predictor of future life outcomes than intelligence (IQ). EQ skills include understanding, communicating and managing emotions, including difficult emotions such as anger, sadness and fear. Previous studies of TIK have shown the program has helped to reduce aggressive behaviour in children, promote social and friendship skills, and help build better emotional connections between parents and children.

What will participation involve?

Parents will be randomly allocated into one of four separate arms of the study.

1. Group TIK: Attending the program as part of eight two-hour group sessions;
2. One-to-one TIK: Attending the program delivered in eight one-to-one sessions;
3. TIK Online: Attending the program online plus receiving two follow-up phone calls;
4. Wait list control: Receiving TIK Online after a 9-month delay.

Random allocation is conducted through a computer-generated program and the process is like tossing a coin – you will have an equal chance of being in any of the four arms of the study.

We will also ask parents to complete a questionnaire, before and after completion of the program. The questionnaires will ask about the child's behaviour and parents' ability to manage emotions, parenting style and parents' own wellbeing. Each parent and their child will also be asked to participate in two video-recorded assessment sessions nine months apart. The child does not participate in the parenting program but they are required to attend the two assessment sessions with their parent.

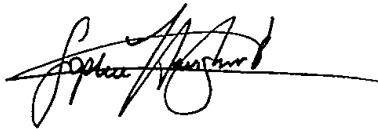
What to do now?

If you are interested in the study, and would like to find out more, please contact Ross Couper-Johnston either by sending in the expression of interest slip below to ross.couper@unimelb.edu.au or by phoning on 9371-0218. Ross will be able to answer any of your questions, and then send some more information to you.

Yours sincerely,



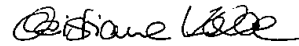
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TUNING IN TO KIDS

EXPRESSION OF INTEREST

Your Name:

Nominated child's name(D.O.B.)

Your relationship to the child:

Names of other children in your family and their ages:

.....
.....

Contact Phone Numbers (h).....

(mobile).....

Address:.....

.....

School/Kindergarten/Childcare Centre

**Please return this form by email (ross.couper@unimelb.edu.au), or to
Ross Couper-Johnston, Mindful, 50 Flemington St, Travancore, 3032.**

Thank you